

OPYBS Softball

Suggested Equipment List for Players

Coaches are encouraged to distribute/discuss this list with players and parents:

Required:

- Glove
- Cleats
- Hair bands (if girl has long hair)
- Water bottle

Optional:

- Batting helmet (recommended)
 - team helmets will be provided, but these will be generic sizes and will be shared with other girls on the team
- Bat (recommended)
 - team bats will be provided, but these will be generic sizes and will be shared with other girls on the team
- Batting gloves
- Sliding shorts and/or pads
- Gear bag
- Fielder's face mask (pitchers, 1B, 3B)
 - Pitcher's must wear either a helmet or face mask while pitching
- Bat donut/weight (helps to improve swing speed)
- Bat sleeve (for use in batting cages to protect bat)