

## **Oak Park Youth Baseball/Softball (OPYBS) Covid-19 Related Safety Guidelines (revised 3/11/2023)**

Anyone (player, coach, volunteer, umpire, spectator, etc.) at higher risk for contracting Covid because of an existing medical condition, age, etc., should consider consulting a medical professional before attending any practice or game.

**PLEASE NOTE:** *individuals who do not comply with these OPYBS guidelines will be asked to comply. Repeated offenses may result in action by the OPYBS board of directors, up to and including the possibility of removal from future practices/games.*

The guidelines stated here are consistent with the latest CDC, State and Local guidance.

### **GENERAL GUIDELINES FOR EVERYONE:**

- Players, coaches, officials and spectators must self-isolate from games and practices if they test positive for Covid
  - If you have no symptoms or your symptoms are resolving after five days, you can return to play. If you have a fever, continue to stay home until your fever resolves.
  - The State of Illinois recommends that when you return, you wear a mask for the next five days when around others.
- It is recommended (but not required) that anyone who is in close contact with someone who tests positive get a Covid test 2-3 days after exposure
- For those with a pre-existing condition that may cause these symptoms (allergies, asthma, etc) please check with your doctor.
- If any player, coach, umpire or volunteer tests positive for Covid-19, they must immediately inform the OPYBS Board of Directors at [safety@opybs.org](mailto:safety@opybs.org) – those who may have been in close contact with the infected person will be notified of that situation and should take whatever precautions they prefer.
- All of these guidelines may be modified by the OPYBS Safety Committee at any time based on CDC, State and Local guidance.